The Prevalence of Irrational Ideas among Students of the University of Mutah and the Hashemite University in the Hashemite Kingdom of Jordan and its Relationship with Some Variables*

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Abstract

This study aimed at revealing the prevalence of irrational ideas among students of the University of Mutah and Hashemite University in the Hashemite Kingdom of Jordan and its relationship with some variables. And to achieve this, the adoption of the measure expressed the list of irrational beliefs (Irrational Beliefs Inventory (IBI)), and it was applied on the sample which amounted to 1607 students.

The study revealed that all areas of the study tool were a moderate degree with the exception of the area of intolerance, which came with a high degree. And the results showed statistically significant differences at ($\alpha \le 0.05$) in the irrational ideas according to gender variable on all the fields with the exception of the field of avoidance, and the differences were in favor of males in the fields of anxiety and request support, and in favor of females in the fields of intolerance and lack of responsibility for emotions. Also, the differences were attribute able to the variable of college on the field of intolerance, problems avoiding, request support, and total in favor of literary colleges students, and to the cumulative

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average variable on all the fields and on the tool as a whole. And the differences were in favor of fourth year students in the field of anxiety and lack pf responsibility for emotion, and in favor of first-year students in the field of intolerance, and on the tool as a whole in the area of problems avoiding in favor of second and third year students.