

## **Quality of life among the students of the universities of Damascus and Tishreen**

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### **Abstract**

The current research aims to identify the level of quality of life of university students at the University of Damascus and Tishreen depending on variables of the country (province): Damascus, Latakia, and gender (male, female), specialty (theoretical studies, applied studies). To evaluate the psychological and physical health ability for these categories, The scale of Mansi ad Kazem (2006) for quality of life was used for the university students. After confirming the validity of the scale, it was applied on a random sample of students from the University of Damascus, the number of sample members is 180 and other random sample of students from the University of Tishreen with a sample of 180 members.

The most important results:

The presence of a low quality of life of university students each from the University of Damascus and Tishreen.

The combined effect of demographic variables, the three together in the quality of life.

No statistically significant relationship between family income and the dimensions of quality of life.

The study concluded a set of proposals, like giving the student a larger area of freedom to demonstrate self-fulfillment through the selection of the type of study commensurate with his abilities and inclinations, and the allocation of an academic advisor who provides massive and individual counseling services for students; and to develop the capacity of students towards self-education and broaden student self-search and self-knowledge as to achieve a higher level of the quality of university life and the introduction of the concept of quality of life in some syllabus of Psychology.

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For the paper in Arabic see pages (145-181)