

## **The effectiveness of the strategy of identifying behavioral objectives and training on writing questions in decreasing learners' test anxiety**

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### **Abstract**

This study aimed at investigating the effectiveness of the strategy defining behavioral objectives and training on writing questions in decreasing learners' test anxiety. The sample of the study consisted of (91) male and female students who were distributed into (2) sections of the educational psychology course at Mu'tah University during the first semester of the academic year 2006 / 2007.

After ensuring the equivalence of the ( 2 ) sections on the anxiety pre-test, one of them was randomly chosen to be the experimental group , which was taught informed with the strategy of identifying the behavioral objectives and training on writing questions. The control group was not taught with the strategy of identifying behavioural objectives and training on writing questions. The learning unit was taught for (4) weeks, (3) sessions for both groups.

After finishing teaching the unit , both groups were subjected to the a post test anxiety. The results of the study indicated that the strategy of

identifying behavioral objectives and training on writing questions is effective in decreasing learners' test anxiety. No significant effect of the strategy was found due to gender. Results were discussed and recommendations were addressed accordingly.

**KEY WORDS:**

- **the strategy Identifying behavioral objectives**
- **training on writing questions**
- **test anxiety**

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