

Barriers to Involvement in School Physical Education Activities by Girl Students in the Northern Region of Jordan

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Abstract

The study investigated barriers to involvement in school physical education activities as perceived by 7th, 10th and 12th girl students. A random sample of (1511) girl student was selected. Data obtained were collected by a questionnaire consisting of (50) items covering six domains related to barriers to involvement in school physical education activities by girl students. Validity and reliability of the questionnaire were achieved. In the light of the data analysis, six sets of barriers were identified and divided into two groups: the first group included barriers related to religion, availability of school facilities and equipment, and students academic achievement with means of (2.81, 2.77, 2.64) accordingly; whereas, the second group included barriers related to psychological, social and physical fitness with means of (2.40, 2.28, 2.19) accordingly of the girl students. Findings also revealed a statically significant differences ($\alpha = 0.05$) in the students responses concerning barriers to involvement in school physical education activities due to grade level, school location, and the students cumulative average. Based upon the study findings, researcher proposed some recommendations

emphasizing the importance of providing for sports equipment and facilities, as well as, bringing about awareness of girl students and their parents to the involvement in school physical education activities.'

For the paper in Arabic see pages (485-526)